FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB Number: 3235-0287 Estimated average burden

## Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations may continue. See Instruction 1(b).						ed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940									hours	per resp	onse:	0.5		
Name and Address of Reporting Person*     Cook John L						2. Issuer Name and Ticker or Trading Symbol SECURITY NATIONAL FINANCIAL CORP [ SNFCA ]								Relationship of Reporting Person(s) to Issuer (Check all applicable)     X Director 10% Owner						
(Last) (First) (Middle) 2424 SUMMER OAK CIRCLE					3. Date of Earliest Transaction (Month/Day/Year) 02/07/2020									Officer (give title below)		Other (spec below)		specify	city	
(Street) SANDY UT 84092					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indi Line) X	X Form filed by One Reporting Person Form filed by More than One Reporting						
(City) (State) (Zip)						ative Securities Acquired, Disposed of, or Benefic								Person					-	
1. Title of Security (Instr. 3)  2. Trans Date						2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4			A) or	or 5. Amount Securities Beneficial Owned Fo		Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
							c	Code	v	Amount	(A) (D)	or	Price	Reported Transactio (Instr. 3 an				(Instr. 4)		
						curities Aco								wned		,				
1. Title of Derivative Security (Instr. 3)	vative Conversion Date Execution Date, Trity or Exercise (Month/Day/Year) if any C			Cod	nsaction Derivative E			. Date Exercisable and xpiration Date Month/Day/Year)			7. Title and Amoun of Securities Underlying Derivative Security (Instr. 3 and 4)		ecurity	8. Price of Derivative Security (Instr. 5)	derivativ Securitie	ecurities Form eneficially Direction or In		Beneficia Ownersh (Instr. 4)	f Indirect seneficial wnership	

## 3, 4 and 5) Reported Transaction(s) Amount (Instr. 4) Number Date Expiration Date Code ν (A) (D) Exercisable Title of Shares Director Stock Option Class A \$3.38<sup>(1)</sup> 6,812<sup>(1)</sup> 6,812(1) \$3.38<sup>(1)</sup> 6,812<sup>(1)</sup> Commo Stock 12/06/2013 Α 03/06/2014 12/06/2023 D (right to Director Stock 1,408<sup>(2)</sup> 1,408(2) **\$3.38**<sup>(2)</sup> **\$3.38**<sup>(2)</sup> 1,408<sup>(2)</sup> Common Stock Option 12/07/2013 03/07/2014 12/07/2023 D (right to buy) Director Class A Stock 6,701(3) \$3.7<sup>(3)</sup> 6,701<sup>(3)</sup> \$3.7<sup>(3)</sup> 6,701<sup>(3)</sup> Option 12/05/2014 Α 03/05/2015 12/05/2024 Common Stock D (right to buy) Director Class A Stock 1,341(4) \$3.7(4) 1,341(4) Commo \$3.7(4) 1,341<sup>(4)</sup> Option 12/07/2014 A 03/07/2015 12/07/2024 D (right to buy) Director Class A Stock 6,382(5) Common \$5.2<sup>(5)</sup> Option \$5.2<sup>(5)</sup> 12/04/2015 6,382<sup>(5)</sup> 03/04/2016 12/04/2025 6,382<sup>(5)</sup> D (right to buy) Director Class A Stock 1,277(6) \$5.2<sup>(6)</sup> 12/07/2015 1,277<sup>(6)</sup> 03/07/2016 12/07/2025 \$5.2<sup>(6)</sup> 1,277<sup>(6)</sup> D Stock (right to buy) Director Class A Stock 6,078(7) Option \$5.73<sup>(7)</sup> 12/02/2016 6,078<sup>(7)</sup> 03/02/2017 12/02/2026 Common Stock \$5.73<sup>(7)</sup> 6,078<sup>(7)</sup> D (right to buy) Director Class A Common Stock Option \$6<sup>(8)</sup> 12/07/2016 1,216<sup>(8)</sup> 03/07/2017 12/07/2026 1,216(8) \$6<sup>(8)</sup> 1,216<sup>(8)</sup> D A (right to Stock buy) Director Class A 1,158<sup>(9)</sup> Option \$4.33(9) 1,158(9) 1,158(9) \$4.33<sup>(9)</sup> 12/01/2017 03/01/2018 12/01/2027 D Common (right to Stock buy) Director Stock Option Class A \$4.98(10) 5,513(10) 5,513(10) \$4.98(10) 5,513(10) 11/30/2018 02/28/2019 11/30/2028 D Α Common (right to buy)

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercis Expiration Date (Month/Day/Yea	)	7. Title an of Securit Underlyin Derivative (Instr. 3 ar	ies g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)		
Director Stock Option (right to buy)	\$4.98 <sup>(11)</sup>	11/30/2018		A		1,103 <sup>(11)</sup>		02/28/2019	11/30/2028	Class A Common Stock	1,103(11)	\$4.98 <sup>(11)</sup>	1,103 <sup>(11)</sup>	D	
Director Stock Option (right to buy)	\$5.19 <sup>(12)</sup>	12/06/2019		A		5,250 <sup>(12)</sup>		03/06/2020 <sup>(12)</sup>	12/06/2029	Class A Common Stock	5,250(12)	\$5.19 <sup>(12)</sup>	5,250 <sup>(12)</sup>	D	
Director Stock Option (right to buy)	\$5.19 <sup>(13)</sup>	12/06/2019		A		1,050 <sup>(13)</sup>		03/06/2020 <sup>(13)</sup>	12/06/2029	Class A Common Stock	1,050(13)	\$5.19 <sup>(13)</sup>	1,050 <sup>(13)</sup>	D	

## **Explanation of Responses:**

- 1. This option was granted on December 6, 2013 as an option for 4,842 shares of Class A Common Stock under the 2006 Director Stock Option Plan at an exercise price of \$4.85 per share, but adjusted pursuant to the anti-dilution provisions of the 2006 Director Stock Option Plan to reflect 5% stock dividends paid on February 7, 2014, February 5, 2015, February 3, 2017, February 2, 2018, February 1, 2019, and February 7, 2020.
- 2. This option was granted on December 7, 2013 as an option for 1,000 shares of Class A Common Stock under the 2006 Director Stock Option Plan at an exercise price of \$4.85 per share, but adjusted pursuant to the anti-dilution provisions of the 2006 Director Stock Option Plan to reflect 5% stock dividends paid on February 7, 2014, February 6, 2015, February 5, 2016, February 3, 2017, February 2, 2018, February 1, 2019, and February 7, 2020.
- 3. This option was granted on December 5, 2014 as an option for 5,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$5.02 per share, but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect 5% stock dividends paid on February 5, 2016, February 5, 2016, February 2, 2018, February 1, 2019, and February 7, 2020.
- 4. This option was granted on December 7, 2014 as an option for 1,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$5.02 per share, but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect 5% stock dividends paid on February 5, 2016, February 5, 2016, February 2, 2018, February 1, 2019, and February 7, 2020.
- 5. This option was granted on December 4, 2015 as an option for 5,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$6.72 per share, but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect 5% stock dividends paid on February 3, 2016, February 3, 2017, February 2, 2018, February 1, 2019, and February 7, 2020.
- 6. This option was granted on December 7, 2015 as an option for 1,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$6.72 per share, but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect 5% stock dividends paid on February 3, 2016, February 3, 2017, February 2, 2018, February 1, 2019, and February 7, 2020.
- 7. This option was granted on December 2, 2016 as an option for 5,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$7.03 per share, but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect 5% stock options paid on February 5, 2016, February 3, 2017, February 2, 2018, February 1, 2019, and February 7, 2020.
- 8. This option was granted on December 7, 2016 as an option for 1,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$7.36 per share, but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect 5% stock options paid on February 5, 2016, February 3, 2017, February 2, 2018, February 1, 2019, and February 7, 2020.
- 9. This option was granted on December 1, 2017 as an option for 1,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$5.05 per share, but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect 5% stock dividends paid on February 2, 2018, February 1, 2019, and February 7, 2020.
- 10. This option was granted on November 30, 2018 as an option for 5,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$5.52 per share but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect a 5% stock dividends paid on February 1, 2019 and February 7, 2020.
- 11. This option was granted on November 30, 2018 as an option for 1,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$5.52 per share but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect a 5% stock dividends paid on February 1, 2019 and February 7, 2020.
- 12. This option was granted on December 6, 2019 as an option for 5,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$5.46 per share but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect a 5% stock dividend paid on February 7, 2020. The option vests in four equal quarterly installments of Class A Common Stock, beginning on March 6, 2019, until such shares are fully vested.
- 13. This option was granted on December 6, 2019 as an option for 1,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$5.46 per share but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect a 5% stock dividend paid on February 7, 2020. The option vests in four equal quarterly installments of Class A Common Stock, beginning on March 6, 2019, until such shares are fully vested.

<u>/s/John L. Cook</u> <u>02/11/2020</u>

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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