FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

1. Name ar <mark>Cook J</mark>		Reporting Person*		2. Issuer Name and Ticker or Trading Symbol SECURITY NATIONAL FINANCIAL CORP [SNFCA]							Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) 2424 EA	•	First) ER OAK CIRCI			of Earliest		saction (Month/	Day/Year)		Officer (give title Other (specify below)						
(Street) SANDY UT 84092						endment, I	Date	of Original Filed	I (Month/Day	Line)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting					
(City)	(5	State)	(Zip)								Person					
	Daniel 2			-Deriva	ative Securities Acquired, Disposed of, or Benefici											
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					Executi		n Date	Code (Inst	Transaction Code (Instr. 8)		Of (D) (Instr. 3, 4 and 5)		y (D (I)	orm: Direct or Indirect (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code V	Amount	(A) or (D)	Price	Transactio (Instr. 3 an				
								quired, Disp s, options,				wned				
1. Title of Derivative Security (Instr. 3)	perivative Conversion Date Execu- pecurity or Exercise (Month/Day/Year) if any			Code	action (Instr.	5. Number Derivative Securities Acquired or Dispos of (D) (Ins 3, 4 and 5	(A) ed	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date		Amount or Number of Shares		(Instr. 4)	1(5)		
Director Stock Option (right to ouy)	\$3.3 ⁽¹⁾	12/06/2013		A		6,982 ⁽¹⁾		03/06/2014	12/06/2023	Class A Common Stock	6,982(1)	\$3.3 ⁽¹⁾	6,982 ⁽¹⁾	D		
Director Stock Option (right to ouy)	\$3.3 ⁽²⁾	12/07/2013		A		1,443 ⁽²⁾		03/07/2014	12/07/2023	Class A Common Stock	1,443(2)	\$3.3 ⁽²⁾	1,443 ⁽²⁾	D		
Director Stock Option (right to ouy)	\$3.61 ⁽³⁾	12/05/2014		A		6,869 ⁽³⁾		03/05/2015	12/05/2024	Class A Common Stock	6,869(3)	\$3.61 ⁽³⁾	6,869 ⁽³⁾	D		
Director Stock Option (right to ouy)	\$3.61 ⁽⁴⁾	12/07/2014		A		1,375 ⁽⁴⁾		03/07/2015	12/07/2024	Class A Common Stock	1,375(4)	\$3.61 ⁽⁴⁾	1,375 ⁽⁴⁾	D		
Director Stock Option (right to ouy)	\$5.07 ⁽⁵⁾	12/04/2015		A		6,542 ⁽⁵⁾		03/04/2016	12/04/2025	Class A Common Stock	6,542(5)	\$5.07 ⁽⁵⁾	6,542 ⁽⁵⁾	D		
Director Stock Option (right to ouy)	\$5.07 ⁽⁶⁾	12/07/2015		A		1,309 ⁽⁶⁾		03/07/2016	12/07/2025	Class A Common Stock	1,309(6)	\$5.07 ⁽⁶⁾	1,309 ⁽⁶⁾	D		
Director Stock Option (right to ouy)	\$5.59 ⁽⁷⁾	12/02/2016		A		6,230 ⁽⁷⁾		03/02/2017	12/02/2026	Class A Common Stock	6,230 ⁽⁷⁾	\$5.59 ⁽⁷⁾	6,230 ⁽⁷⁾	D		
Director Stock Option (right to ouy)	\$5.85 ⁽⁸⁾	12/07/2016		A		1,246 ⁽⁸⁾		03/07/2017	12/07/2026	Class A Common Stock	1,246(8)	\$5.85 ⁽⁸⁾	1,246 ⁽⁸⁾	D		
Director Stock Option (right to ouy)	\$4.22 ⁽⁹⁾	12/01/2017		A		1,187 ⁽⁹⁾		03/01/2018	12/01/2027	Class A Common Stock	1,187(9)	\$4.22 ⁽⁹⁾	1,187 ⁽⁹⁾	D		
Director Stock Option (right to ouy)	\$4.86 ⁽¹⁰⁾	11/30/2018		А		5,651 ⁽¹⁰⁾		02/28/2019	11/30/2028	Class A Common Stock	5,651(10)	\$4.86 ⁽¹⁰⁾	5,651 ⁽¹⁰⁾	D		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Director Stock Option (right to buy)	\$4.86 ⁽¹¹⁾	11/30/2018		A		1,131 ⁽¹¹⁾		02/28/2019	11/30/2028	Class A Common Stock	1,131(11)	\$4.86 ⁽¹¹⁾	1,131 ⁽¹¹⁾	D	
Director Stock Option (right to buy)	\$5.06 ⁽¹²⁾	12/06/2019		A		5,381 ⁽¹²⁾		03/06/2020 ⁽¹²⁾	12/06/2029	Class A Common Stock	5,381(12)	\$5.06 ⁽¹²⁾	5,381 ⁽¹²⁾	D	
Director Stock Option (right to buy)	\$5.06 ⁽¹³⁾	12/06/2019		A		1,076 ⁽¹³⁾		03/06/2020 ⁽¹³⁾	12/06/2029	Class A Common Stock	1,076(13)	\$5.06 ⁽¹³⁾	1,076 ⁽¹³⁾	D	
Director Stock Option (right to buy)	\$3.67 ⁽¹⁴⁾	03/27/2020		A		2,563 ⁽¹⁴⁾		06/27/2020 ⁽¹⁴⁾	03/27/2030	Class A Common Stock	2,563(14)	\$3.67 ⁽¹⁴⁾	2,563 ⁽¹⁴⁾	D	
Director Stock Option (right to buy)	\$3.67 ⁽¹⁵⁾	03/27/2020		A		3,588 ⁽¹⁵⁾		06/27/2020 ⁽¹⁵⁾	03/27/2030	Class A Common Stock	3,588(15)	\$3.67 ⁽¹⁵⁾	3,588 ⁽¹⁵⁾	D	

Explanation of Responses:

- 1. This option was granted on December 6, 2013 as an option for 4,842 shares of Class A Common Stock under the 2006 Director Stock Option Plan at an exercise price of \$4.85 per share, but adjusted pursuant to the anti-dilution provisions of the 2006 Director Stock Option Plan to reflect 5% stock dividends paid on February 7, 2014, February 6, 2015, February 5, 2016, February 3, 2017, February 2, 2018, February 1, 2019, and February 7, 2020; and a 2.5% stock dividend paid on July 17, 2020.
- 2. This option was granted on December 7, 2013 as an option for 1,000 shares of Class A Common Stock under the 2006 Director Stock Option Plan at an exercise price of \$4.85 per share, but adjusted pursuant to the anti-dilution provisions of the 2006 Director Stock Option Plan to reflect 5% stock dividends paid on February 7, 2014, February 6, 2015, February 5, 2016, February 3, 2017, February 2, 2018, February 1, 2019, and February 7, 2020; and a 2.5% stock dividend paid on July 17, 2020.
- 3. This option was granted on December 5, 2014 as an option for 5,000 shares of Class A Common Stock under the Amended and Restated 2014 Director Stock Option Plan (the "2014 Director Stock Option Plan") at an exercise price of \$5.02 per share, but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect 5% stock dividends paid on February 6, 2015, February 5, 2016, February 3, 2017, February 2, 2018, February 1, 2019, and February 7, 2020; and a 2.5% stock dividend paid on July 17, 2020.
- 4. This option was granted on December 7, 2014 as an option for 1,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$5.02 per share, but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect 5% stock dividends paid on February 6, 2015, February 5, 2016, February 3, 2017, February 2, 2018, February 1, 2019, and February 7, 2020; and a 2.5% stock dividend paid on July 17, 2020.
- 5. This option was granted on December 4, 2015 as an option for 5,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$6,72 per share, but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect 5% stock dividends paid on February 5, 2016, February 3, 2017, February 2, 2018, February 1, 2019, and February 7, 2020; and a 2.5% stock dividend paid on July 17, 2020.
- 6. This option was granted on December 7, 2015 as an option for 1,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$6.72 per share, but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect 5% stock dividends paid on February 3, 2017, February 2, 2018, February 1, 2019, and February 7, 2020; and a 2.5% stock dividend paid on July 17, 2020.
- 7. This option was granted on December 2, 2016 as an option for 5,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$7.03 per share, but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect 5% stock options paid on February 5, 2016, February 3, 2017, February 2, 2018, February 1, 2019, and February 7, 2020; and a 2.5% stock dividend paid on July 17, 2020.
- 8. This option was granted on December 7, 2016 as an option for 1,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$7.36 per share, but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect 5% stock options paid on February 5, 2016, February 3, 2017, February 2, 2018, February 1, 2019, and February 7, 2020; and a 2.5% stock dividend paid on July 17, 2020.
- 9. This option was granted on December 1, 2017 as an option for 1,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$5.05 per share, but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect 5% stock dividends paid on February 2, 2018, February 1, 2019, and February 7, 2020; and a 2.5% stock dividend paid on July 17, 2020.
- 10. This option was granted on November 30, 2018 as an option for 5,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$5.52 per share but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect a 5% stock dividends paid on February 1, 2019 and February 7, 2020; and a 2.5% stock dividend paid on July 17, 2020.
- 11. This option was granted on November 30, 2018 as an option for 1,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$5.52 per share but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect a 5% stock dividends paid on February 1, 2019 and February 7, 2020; and a 2.5% stock dividend paid on July 17, 2020.
- 12. This option was granted on December 6, 2019 as an option for 5,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$5.46 per share but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect a 5% stock dividend paid on February 7, 2020. The option vests in four equal quarterly installments of Class A Common Stock, beginning on March 6, 2019, until such shares are fully vested; and a 2.5% stock dividend paid on July 17, 2020.
- 13. This option was granted on December 6, 2019 as an option for 5,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$5.46 per share but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect a 5% stock dividend paid on February 7, 2020. The option vests in four equal quarterly installments of Class A Common Stock, beginning on March 6, 2019, until such shares are fully vested; and a 2.5% stock dividend paid on July 17, 2020.
- 14. This option was granted on March 27, 2020 as an option for 2,500 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$3.76 per share. The option vests in four equal quarterly installments of Class A Common Stock, beginning on June 27, 2020, until such shares are fully vested; and a 2.5% stock dividend paid on July 17, 2020.
- 15. This option was granted on March 27, 2020 as an option for 3,500 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$3.76 per share. The option vests in four equal quarterly installments of Class A Common Stock, beginning on June 27, 2020, until such shares are fully vested; and a 2.5% stock dividend paid on July 17, 2020.

/s/ John L Cook

07/22/2020

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.