FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB	APPROVAL

OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	dress of Reporting Per		r Name and Ticker JRITY NATIO		,			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
QUIST SC	OTT W	SNF	CA 1				_ X	Director	X 10% C	Owner			
(Last)	(First)	(Middle)		<u>,</u>					X	Officer (give title below)	Other below)	(specify)	
7 WANDERV	WOOD WAY	3. Date 6 04/15/2	of Earliest Transact 2013	ion (Mor	nth/Da	y/Year)		Chairman of Board; Pres.; CEO					
(Street) SANDY UT 84092			4. If Ame	endment, Date of O	riginal F	iled (N	/lonth/Day/Yea	6. Indiv					
(City)	(State)	(Zip)	Porm filed by More than One Reporting Personal Personal Person Personal Per										
		Table I - No	on-Derivative S	Securities Acq	uired,	Dis	oosed of, o	r Bene	ficially O	wned			
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities of Disposed Of			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
				Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)		
Class A Comm	non Stock		02/01/2013		J ⁽¹⁾		11,825	A	\$7.26	201,996(2)	D		
Class C Comn	non Stock		02/01/2013		J ⁽¹⁾		93,195	A	\$7.26	2,853,694(2)	D		
Class A Comm	non Stock		04/15/2013		S		6,500	D	\$7	195,496 ⁽²⁾	D		
Class A Comm	non Stock		04/24/2013		S		6,500	D	\$7.4	188,996(2)	D		
Class A Comm	non Stock		04/29/2013		S		6,500	D	\$7.87	182,496 ⁽²⁾	D		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

(cigi, pars, cans, marrans, opinons, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		ransaction Derivative ode (Instr. Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Employee Stock Option (right to buy)	\$0.247 ⁽³⁾	03/25/2005		A		1,034,219 ⁽³⁾		03/25/2005	03/25/2015	Class C Common Stock	1,034,219 ⁽³⁾	\$0.247 ⁽³⁾	1,034,219 ⁽³⁾	D	
Employee Stock Option (right to buy)	\$0.331 ⁽⁴⁾	03/31/2008		A		638,138 ⁽⁴⁾		03/31/2008	03/31/2013	Class C Common Stock	638,138 ⁽⁴⁾	\$0.331 ⁽⁴⁾	638,138 ⁽⁴⁾	D	
Employee Stock Option (right to buy)	\$0.317 ⁽⁵⁾	12/04/2009		A		1,215,506 ⁽⁵⁾		03/04/2010	12/04/2014	Class C Common Stock	1,215,506 ⁽⁵⁾	\$0.317 ⁽⁵⁾	1,215,506 ⁽⁵⁾	D	
Employee Stock Option (right to buy)	\$0.174 ⁽⁶⁾	12/03/2010		A		1,157,625 ⁽⁶⁾		03/03/2011	12/03/2015	Class C Common Stock	1,157,625 ⁽⁶⁾	\$0.174 ⁽⁶⁾	1,157,625 ⁽⁶⁾	D	
Employee Stock Option (right to buy)	\$0.13 ⁽⁷⁾	12/02/2011		A		1,102,500 ⁽⁷⁾		03/02/2012	12/02/2016	Class C Common Stock	1,102,500 ⁽⁷⁾	\$0.13 ⁽⁷⁾	1,102,500 ⁽⁷⁾	D	
Employee Stock Option (right to buy)	\$1.63 ⁽⁸⁾	04/13/2012		A		105,000 ⁽⁸⁾		07/13/2012 ⁽⁸⁾	04/13/2017	Class A Common Stock	105,000(8)	\$1.63 ⁽⁸⁾	105,000 ⁽⁸⁾	D	

Explanation of Responses:

- $1. \ Received \ pursuant \ to \ a \ 5\% \ stock \ dividend \ declared \ on \ December \ 7, \ 2012 \ and \ paid \ on \ February \ 1, \ 2013.$
- 2. Owned jointly by the reporting person and his wife. Does not include a total of 251,276 shares of Class A Common Stock and 413,513 shares of Class C Common Stock owned indirectly by the reporting person in the Employee Stock Ownership Plan (ESOP), the 401(k) Retirement Savings Plan, the Deferred Compensation Plan, and Associated Investors.
- 3. This option was originally reported as an option for either 70,000 shares of Class A Common Stock at an exercise price of \$3.51 per share or 700,000 shares of Class C Common Stock at an exercise price of \$0.351 per share, or a combination thereof. This option reflects the reporting person's election to have an option for 700,000 shares of Class C Common Stock at an exercise price of \$0.351 per share, but adjusted pursuant to the anti-dilution provisions of the 2003 Stock Option Plan to reflect 5% stock dividends paid on February 17, 2006, February 9, 2007, February 8, 2008, February 6, 2009, February 5, 2010, February 4, 2011, February 3, 2012 and February 1, 2013.
- 4. This option was originally granted as an option for either 50,000 shares of Class A Common Stock at an exercise price of \$4.24 per share or 500,000 shares of Class C Common Stock at an exercise price of \$0.424 per share, or any combination thereof. This option reflects the reporting person's election to have an option for 500,000 shares of Class C Common Stock at an exercise price of \$0.424 per share, but adjusted pursuant to the anti-dilution provisions of the 2003 Stock Option Plan to reflect 5% stock dividends paid on February 6, 2009, February 5, 2010, February 4, 2011, February 3, 2012 and February 1, 2013.
- 5. This option was originally granted as an option for either 100,000, shares of Class A Common Stock at an exercise price of \$3.87 per share or 1,000,000 shares of Class C Common Stock at an exercise price of \$0.387 per share, or any combination thereof. This option reflects the reporting person's election to have an option for 1,000,000 shares of Class C Common Stock at an exercise price of \$0.387 per share, but adjusted pursuant to the anti-dilution provisions of the 2003 Stock Option Plan to reflect 5% stock dividends paid on February 5, 2010, February 4, 2011, February 3, 2012 and February 1, 2013.
- 6. This option was originally granted as an option for either 100,000 shares of Class A Common Stock at an exercise price of \$2.01 per share or 1,000,000 shares of Class C Common Stock at an exercise price of \$0.201 per

share, or any combination thereof. This option reflects the reporting person's election to have an option for 1,000,000 shares of Class C Common Stock at an exercise price of \$0.201 per share, but adjusted pursuant to the anti-dilution provisions of the 2003 Stock Option Plan to reflect 5% stock dividends paid on February 4, 2011, February 3, 2012 and February 1, 2013.

7. This option was granted on December 2, 2011 as an option for either 100,000 shares of Class A Common Stock at an exercise price of \$1.43 per share or 1,000,000 shares of Class C Common Stock at an exercise price of \$0.143 per share, or any combination thereof. This option reflects the reporting person's election to have an option for 1,000,000 shares of Class C Common Stock at an exercise price of \$0.143 per share, but adjusted pursuant to the anti-dilution provisions of the 2003 Stock Option Plan to reflect a 5% stock dividend paid on February 3, 2012 and February 1, 2013. This option vests in four equal quarterly installments, beginning on March 2, 2012, until such shares are fully vested.

8. This option was granted on April 13, 2012 as an option for either 100,000 shares of Class A Common Stock at an exercise price of \$0.134 per share, or any combination thereof. At such time as the 2003 Stock Option Plan is amended to provide for the issuance of an additional 1,000,000 shares of Class C Common Stock, the reporting person will elect to have the option for 1,000,000 shares of Class C Common Stock at an exercise price of \$0.134 per share. This option reflects the reporting person's election to have an option for 1,000,000 shares of Class C Common Stock at an exercise price of \$0.134 per share, but adjusted pursuant to the anti-dilution provisions of the 2003 Stock Option Plan to reflect a 5% stock dividend paid on February 1, 2013. The option vests in four equal quarterly installments of Class A Common Stock, beginning on July 13, 2012, until such shares are fully vested.

/s/ Scott M. Quist 04/30/2013

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.