FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB	APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					or S	ection 30(h) of the	e Investment	Compa	any Act o	1940							
1. Name and Address of Reporting Person* Cook John L					2. Issuer Name and Ticker or Trading Symbol SECURITY NATIONAL FINANCIAL CORP [SNFCA]								Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) (Middle) 2424 SUMMER OAK CIRCLE				3. Dat			saction (Mon	/Year)		Officer (give title Other (specify below) below)								
(Street) SANDY UT 84092				4. If A	mendment	, Date	onth/Day	Lin	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting									
(City) (State) (Zip)											Person							
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transa Date (Month/D				2A. Deemed Execution Date,			Code (Instr.			d (A) or) or 4 and 5) Securities Beneficially Owned Follo		Form: y (D) or		7. Nature of Indirect Beneficial Ownership			
								V A	mount	(A) or (D)	Price	Transacti	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)		
			Table II - I										Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/Y	te, 4.	nsactio de (Inst	5. Num n Derivat	ber of ive ies ed (A) osed instr.	6. Date Exer Expiration D	, Options, convertib 6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and of Securiti Underlying Derivative (Instr. 3 and	d Amount es J Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Co	de V	(A)	(D)	Date Exercisable		oiration te	Title	Amount or Number of Shares		Transacti (Instr. 4)	on(s)			
Director Stock Option (right to buy)	\$4.16 ⁽¹⁾	12/06/2013		A		5,605 ⁽¹)	12/06/2014	12/0	06/2023	Class A Common Stock	5,605 ⁽¹	\$4.16 ⁽¹⁾	5,605 ⁽	1)	D		
Director Stock Option (right to buy)	\$4.16 ⁽²⁾	12/07/2013		A		1,158 ⁽²)	12/07/2014	12/0	07/2023	Class A Common Stock	1,158 ⁽²	\$4.16 ⁽²⁾	1,158 ⁽²⁾		D		
Director Stock Option (right to buy)	\$4.53 ⁽³⁾	12/05/2014		A		5,513 ⁽³)	12/05/2015	5 12/0	05/2024	Class A Common Stock	5,513 ⁽³	\$4.53(3)	5,513 ⁽³⁾		D		
Director Stock Option (right to buy)	\$4.53 ⁽⁴⁾	12/07/2014		A	Δ.	1,103 ⁽⁴)	12/07/2015	5 12/0	07/2024	Class A Common Stock	1,103(\$4.53 ⁽⁴⁾	1,103 ⁽⁴⁾		D		
Director Stock Option (right to buy)	\$6.38 ⁽⁵⁾	12/04/2015		A		5,250 ⁽⁵)	12/04/2016	5 12/0	04/2025	Class A Common Stock	5,250 ⁽⁵	\$6.38 ⁽⁵⁾	5,250 ⁽⁵⁾		D		
Director Stock Option (right to buy)	\$6.38 ⁽⁶⁾	12/07/2015		A	Δ.	1,050 ⁽⁶)	12/07/2016	5 12/0	07/2025	Class A Common Stock	1,050(6	\$6.38 ⁽⁶⁾	1,050 ⁽	6)	D		
Director Stock Option (right to buy)	\$7.03 ⁽⁷⁾	12/02/2016		A		5,000 ⁽⁷)	12/02/2017 ⁽⁷	⁷⁾ 12/0	02/2026	Class A Common Stock	5,000 ⁽⁷	\$7.03 ⁽⁷⁾	5,000 ⁽	7)	D		
Director Stock Option (right to	\$7.36 ⁽⁸⁾	12/07/2016		A		1,000 ⁽⁸		12/07/2017 ^{(§}	8) 12/0	07/2026	Class A Common Stock	1,000(8	\$7.36 ⁽⁸⁾	1,000 ⁽	8)	D		

Explanation of Responses:

- 1. This option was granted on December 6, 2013 as an option for 4,842 shares of Class A Common Stock under the 2006 Director Stock Option Plan at an exercise price of \$4.85 per share, but adjusted pursuant to the anti-dilution provisions of the 2006 Director Stock Option Plan to reflect 5% stock dividends paid on February 7, 2014, February 5, 2015 and February 5, 2016.
- 2. This option was granted on December 7, 2013 as an option for 1,000 shares of Class A Common Stock under the 2006 Director Stock Option Plan at an exercise price of \$4.85 per share, but adjusted pursuant to the anti-dilution provisions of the 2006 Director Stock Option Plan to reflect 5% stock dividends paid on February 7, 2014, February 5, 2015 and February 5, 2016.
- 3. This option was granted on December 5, 2014 as an option for 5,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$5.02 per share, but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect 5% stock dividends paid on February 6, 2015 and February 5, 2016.
- 4. This option was granted on December 7, 2014 as an option for 1,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$5.02 per share, but adjusted pursuant to

the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect 5% stock dividends paid on February 6, 2015 and February 5, 2016.

5. This option was granted on December 4, 2015 as an option for 5,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$6.72 per share, but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect a 5% stock dividend paid on February 5, 2016.

6. This option was granted on December 7, 2015 as an option for 1,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$6.72 per share, but adjusted pursuant to the anti-dilution provisions of the 2014 Director Stock Option Plan to reflect a 5% stock dividend paid on February 5, 2016.

7. This option was granted on December 2, 2016 as an option for 5,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$7.03 per share. This option vests on December 2, 2017.

8. This option was granted on December 7, 2016 as an option for 1,000 shares of Class A Common Stock under the 2014 Director Stock Option Plan at an exercise price of \$7.36 per share. This option vests on December 7, 2017.

<u>/s/John L. Cook</u> <u>12/19/2016</u>

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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